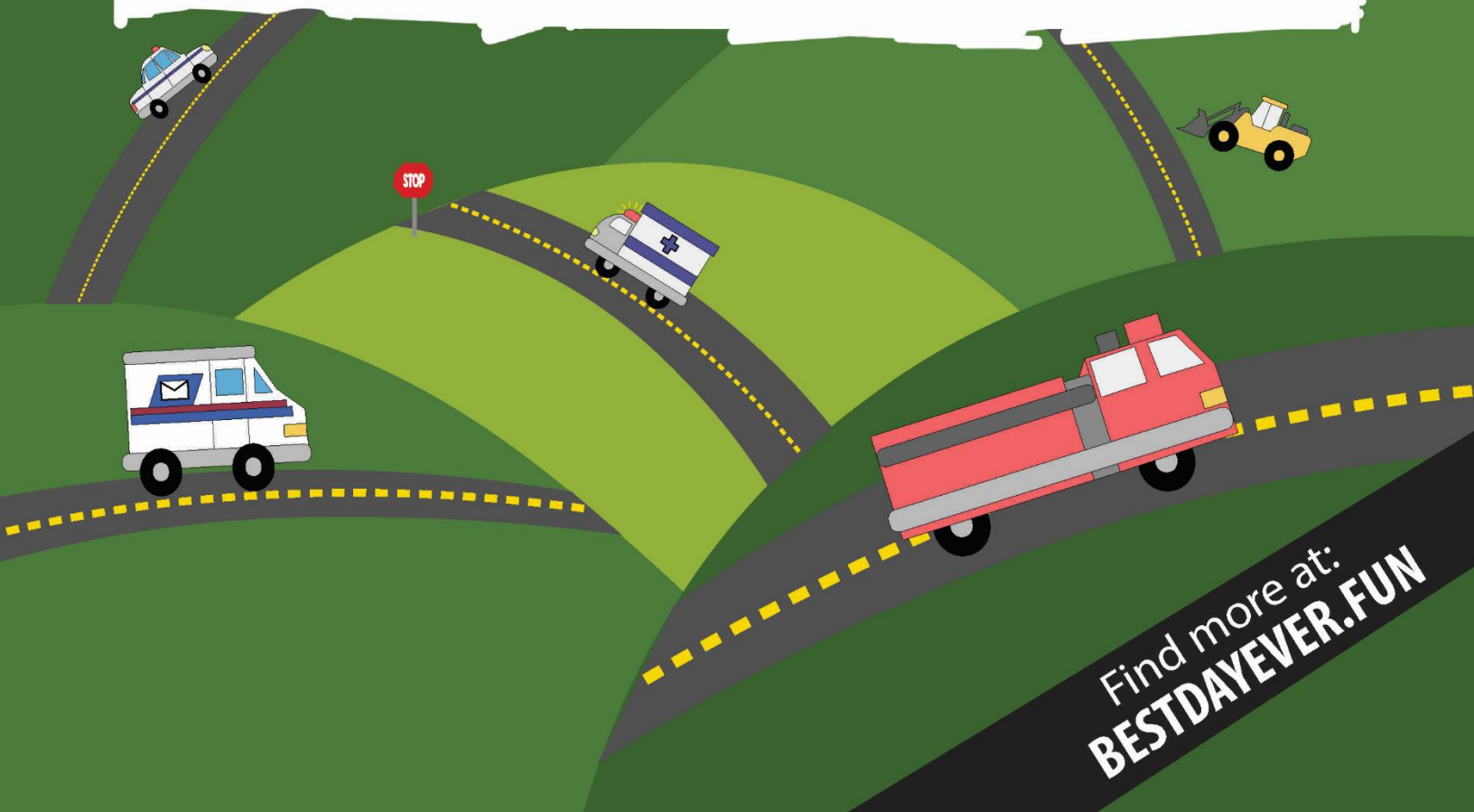


# HOMETOWN HEROES

5 DAYS OF THEMED PRESCHOOL  
SUMMER CAMP LESSONS

**BEST  
DAY  
EVER!**



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# HOMETOWN HEROES

Hometown Heroes is an interactive preschool lesson plan that encourages children to construct knowledge through meaningful play, thoughtfully planned activities, and active exploration of the environment. While the lesson plan incorporates many different Pennsylvania Learning Standards, Hometown Heroes focuses on the key learning area of “Social Studies.” Specifically, children will engage in learning activities that meet the PA Standard Area of “Connecting to Communities.” Preschoolers will enjoy learning about community helpers and the valuable work they do.

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## SCHEDULE

### DAY 1

ARRIVAL ACTIVITY - FOOD AND ANIMALS	20 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY - WATER RELAY	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - COMMUNITY HELPERS PUZZLE	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

### DAY 2

ARRIVAL ACTIVITY - HEALTH	20 MINUTES
CIRCLE TIME	15 MINUTES
THEMED ACTIVITY - MY DOCTOR'S BAG	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - BANDAGE MATCH	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

### DAY 3

ARRIVAL ACTIVITY - PROTECT AND SERVE	20 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY - HANDPRINT POLICE CAR	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - STOP, DROP, AND ROLL	15 MINUTES
CENTER PLAY	15 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

## DAY 4

ARRIVAL ACTIVITY - SCHOOL	20 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY - AN APPLE FOR THE TEACHER	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - I AM A TEACHER	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

## DAY 5

ARRIVAL ACTIVITY - OUTDOOR	20 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY - MAIL BAG	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - MAKE YOUR OWN TOOLBELT	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

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# MATERIALS LIST

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- Pointer
- Flag
- Calendar
- Weather chart
- Glue
- Paint (red, orange, black, and yellow)
- Markers
- Crayons
- Scissors
- Play dough
- Plastic plates
- Play farm food/tools/tractors
- Play vet tools/animals
- Play dishes/food/apron/chef hat
- Stuffed animals
- Vet coat
- Scale
- Toy doctor kit
- Rolls of gauze/bandages
- Tongue depressors
- Cotton balls
- Cotton swabs
- Adhesive bandages
- Buckets of water
- Plastic syringes
- Butcher paper
- Dramatic play supplies (scrubs, hats, toy medical tools, bandages, flashlights)
- Drawing paper
- Inkpads (red and blue)
- Printed out words
- Dramatic play supplies (uniforms, badges, telephones)
- Tissue paper (red, yellow, green)
- Cut out brown paper stem
- Cut out green paper leaf
- White paper plates
- Small cups
- Paintbrushes
- Props for custodian role play: Gloves, brooms, rakes, trash bags, toy lawnmower
- U.S. Mail sign
- Stickers
- Crepe paper
- Ribbon
- Large construction paper (black, red)
- Stapler
- Music player
- Small swimming pool or bin filled with water, play fishing rods with magnetic fish (can be made with wooden rods, strings and magnets)

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# DAY 1 – FOOD & ANIMALS

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## ACTIVITY/CONCENTRATION

### ARRIVAL ACTIVITY

Give the children play dough and have them create different foods from the play dough.



## DURATION/SCHEDULE

20 minutes – 9 to 9:20 a.m.



## MATERIALS

- Play dough



## GOALS/OBJECTIVES

- Use imagination to creativity to express self through visual arts
- Use hands, fingers, and wrists to manipulate objects
- Coordinate eye and hand movements to perform a task



## LEARNER MODIFICATIONS



## STANDARDS

- 9.1.V PK.E
- 10.5 PK.A
- 10.5 PK.B



## ACTIVITY/CONCENTRATION

### CIRCLE TIME

- Attendance
- Weather
- Calendar
- Flag
- Discuss jobs that relate to food and animals:
  - Chef
  - Waiter/waitress
  - Veterinarian
  - Farmer
- Ask students to share experiences about hardworking helpers and if they would like to be one when they grow up.
- Share interesting facts about all the different places chef's work:
  - Schools
  - Hospitals