

MY FIVE SENSES

My Five Senses is an interactive preschool lesson plan that encourages children to construct knowledge through meaningful play, thoughtfully planned activities, and active exploration of the environment. While the lesson plan incorporates many different Pennsylvania Learning Standards, My Five Senses focuses on the key learning area of "Biological Sciences". Specifically, children will engage in science as inquiry learning activities as they use the five senses to gather data.

SCHEDULE

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ARRIVAL ACTIVITY - SMELL	20 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY - GUESS THAT SCENT	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - SMELLY SORT	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

DAY 2

ARRIVAL ACTIVITY - SIGHT	20 MINUTES
CIRCLE TIME	15 MINUTES
THEMED ACTIVITY - DIY GLASSES	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - WINDOW ART SHAPES	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

DAY 3

ARRIVAL ACTIVITY - HEARNING	20 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY - JINGLE JEWELRY	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - EGG SHAKERS	15 MINUTES
CENTER PLAY	15 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

DAY 4

ARRIVAL ACTIVITY - TOUCH	20 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY - FEEL THAT HIGH FIVE	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - SENSORY BAGS	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

DAY 5

ARRIVAL ACTIVITY - TASTE	20 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY - PIZZA PIE	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - NAME THAT TASTE	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES



MATERIALS LIST

- Glue
- Tape
- Scissors
- Markers
- Pencils
- Crayons
- Glue sticks
- Toy animals and people
- Blank paper
- Pointer
- Flag
- Calendar
- Weather chart
- Small cups
- Blindfolds (handkerchiefs or scarves)
- Scented items
- Outdoor/Gross motor equipment
- Props for dramatic play area flower shop (artificial flowers, vases, gloves, apron, cash register, tissue paper, ribbon)*
- Chenille stems
- Contact paper cut into 8"x10" rectangles
- Tissue paper shapes
- Cardboard tubes of various lengths and widths
- Construction paper
- Magazines, grocery store flyers, coupon pages
- Noisemakers (jingle bells, whistles, clappers)
- Beads
- String or yarn
- Bowls
- Plastic eggs

- Small cups
- Resealable sandwich bags
- Storage bags (gallon sized)
- Various noisy items (for eggs)
- Stethoscopes
- Instruments
- Seashells
- Telephones
- Noisy toys
- Toy microphone
- Colored rice
- Duct tape
- Decoration gems or sparkles
- Pompoms (mini and regular)
- Small plastic animals or toys
- Buttons
- Fun foam shapes
- Music player
- Foam or felt
- Craft sticks
- Cotton balls
- Sandpaper
- Sensory bags (from arrival)
- Water beads
- Construction puzzles
- Large white paper
- Whiteboard
- Dramatic play food or food wrappers/containers
- Restaurant props (chef's hat, aprons, play foods)
- Serving trays, cash register, paper pad for checks, pencils, menus



DAY 1 - SMELL



ACTIVITY/CONCENTRATION

ARRIVAL ACTIVITY - DRAW THAT NOSE

Set out all the animal and people toys from the centers and give the students blank paper and crayons and have them draw as many noses as they can spot.



DURATION/SCHEDULE

20 minutes - 9 to 9:20 a.m.



MATERIALS

- Toy animals and people
- Blank paper

LEARNER MODIFICATIONS

Crayons



GOALS/OBJECTIVES

- Coordinate eye and hand movements to perform a task
- Use hands, fingers, and wrists to manipulate objects



STANDARDS

- 10.1 PK.B
- 10.5 PK.A

Draw pictures that include specific body parts

10.5 PK.B



ACTIVITY/CONCENTRATION

CIRCLE TIME

- Attendance
- Weather
- Calendar
- Flag
- Discussion about what a nose is and where you find it
- Ask students to locate their nose
- Share interesting facts about noses:
 - Some people can wiggle their nose. Let's try!
 - o Different scents: (good/bad) Give and ask for examples of each scent.



DURATION/SCHEDULE

15 minutes - 9:20 to 9:35 a.m.

