



FALL FRENZY

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KIDS' DAY OUT
SINGLE DAY LESSON PLAN FOR GRADES K-5

BEST
DAY
EVER![™]

FALL FRENZY

Get ready to fall into fall! Fall Frenzy is an interactive school-age curriculum that encourages children to construct knowledge through thoughtfully planned activities and active exploration of their environment. Children will learn about the fall season and what makes it so colorful. While the curriculum incorporates many different Pennsylvania Learning Standards, it focuses on the key learning area of “Scientific Thinking and Technology.” Specifically, children will engage in learning activities that meet the PA Standard Areas: Biological Sciences, Earth Sciences, and Environment and Ecology.

EARLY DROP OFF



ACTIVITY/CONCENTRATION

ARRIVAL ACTIVITY

- Puzzles and games related to fall



DURATION/SCHEDULE

3 hours – 6:00 to 9:00 a.m.



MATERIALS

- Variety of games and puzzles



GOALS/OBJECTIVES

- Use play to practice new skills and knowledge
- Cooperate with peers during activities
- Coordinate eye and hand movements



STANDARDS

- AL.1 2.A
 - AL.1 2.C
 - 10.5 2.B
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ACTIVITY/CONCENTRATION

READY SET LEARN

Use the following fun facts to lead a class discussion about the Fall season.

FALL FUN FACTS

- The first day of autumn is named the autumnal equinox. On this day, the number of hours of daylight and darkness is equal. This is because the sun is aligned with the center of the Earth between the north and south of the earth.
- Those who live closest to the equator, which is the center of the planet, never experience the season of autumn. Around the equator, the temperature remains consistently warm.
- Ask the children what they see during fall (pumpkins). The pumpkin was first named by the Greeks. They called this edible orange item “pepon,” which means “large melon.”
- Evergreen trees will not lose their leaves like deciduous trees. Their leaves, called needles, are covered with thick wax. This wax protects the inner components of the needles, preventing them from freezing, ask the children about the smell of pine needles.
- The yellow and orange colors you see, exist in leaves year-round, but they are overpowered by the abundance of green from chlorophyll. The amount of chlorophyll starts to decrease as the sun weakens and the days grow shorter.
- Red and purple leaves are only that color because of the presence of sugars and sap that are trapped within the leaves. These sugars provide plants with the energy they need to survive.



DURATION/SCHEDULE

45 minutes – 9:00 to 9:45 a.m.



MATERIALS

- Fall Fun Facts (above)



GOALS/OBJECTIVES

- Share personal experiences during school activities
- Listen and take turns speaking
- Observe the life cycle of a plant
- Ask questions about objects, organisms, and events



STANDARDS

- AL.4.2.A
- 1.5.2.A-C
- 3.1.2.A.3
- 3.1.2.A.9



ACTIVITY/CONCENTRATION

THEMED ACTIVITY –FOIL PAINTED LEAVES

- **STEP 1:** Using a paintbrush, children paint brown tree trunks and tree limbs onto manilla paper.
- **STEP 2:** Have the children crumble up a piece of aluminum foil that they will use to create leaves on the tree.
- **STEP 3:** Dip foil into colors of their choice, and dap above the tree trunk and onto the tree limbs. Add some leaves to the ground.
- **STEP 4:** Repeat until satisfied with the tree.



DURATION/SCHEDULE

30 minutes – 9:45 to 10:15 a.m.



MATERIALS

- Orange tempera paint
- Yellow tempera paint
- Brown tempera paint
- Green tempera paint
- Aluminum foil sheets
- Paint tray
- Paintbrushes

- Manilla paper



- Create a work of art to represent a real or imagined object, animal, or person
- Coordinate eye and hand movements to perform a task



GOALS/OBJECTIVES

- Relate knowledge learned from one experience to another
- Describe the functions of the parts of plants



STANDARDS

- AL.4.2.A
- 3.1.2.A.5
- 9.1.V.2.E
- 10.5.2.B