

The cover features a green background with a repeating pattern of stylized flowers in white, pink, and purple, each with a yellow center. A white, hand-drawn style border frames the central text area. The title 'SPRING FLING' is written in large, bold, black letters with a yellow and black hatched texture. Below the title is a horizontal line of black dots. The subtitle 'KIDS' DAY OUT SINGLE DAY LESSON PLAN FOR GRADES K-5' is in a simple black font. The 'BEST DAY EVER!' logo is centered below the subtitle, with 'BEST' in orange, 'DAY' in yellow with a sun icon, and 'EVER!' in blue. A black diagonal banner in the bottom right corner contains the text 'Find more at: BESTDAYEVER.FUN' in white.

SPRING FLING

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KIDS' DAY OUT
SINGLE DAY LESSON PLAN FOR GRADES K-5

**BEST
DAY
EVER!**

Find more at:
BESTDAYEVER.FUN

SPRING FLING

Get ready to jump into spring! Spring Fling is an interactive school-age curriculum that encourages children to construct knowledge through thoughtfully planned activities and active exploration of their environment. Children will learn about the spring and discuss the beautiful growing season. While the lesson plan incorporates many different Pennsylvania Learning Standards, it focuses on the key learning area of “Scientific Thinking and Technology”. Specifically, children will engage in learning activities that meet the PA Standard Areas: Biological Sciences, Earth Sciences, and Environment and Ecology.

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SINGLE DAY SCHEDULE

ACTIVITY/CONCENTRATION	DURATION/SCHEDULE
Arrival Activity (Early drop off): Puzzles/Games	As Needed
Ready Set Learn: Fun Facts About Spring	45 Minutes
Hands-On Activity: Butterfly Craft	30 Minutes
Snack	15 Minutes
Themed Activity: Rain Dance	30 Minutes
Hands-On Activity: Tissue Paper Flowers	45 Minutes
Lunch	45 Minutes
Hands-On Activity: Bird Nest Craft	30 Minutes
Social-Emotional Learning: Bucket Filler Sticky Notes	45 Minutes
Hands-On Activity: If I Were a Flower	45 Minutes
Wrap Up	15 Minutes
Pick Up Activity (Late Pick Up): Puzzles/Games	As Needed

MATERIALS LIST

- Paper plate
- Green tempera paint
- Paintbrushes
- Small, white pom poms, 3 per child
- Pencil
- Black marker
- Glue
- Scissors
- Small twig from outside
- String
- Construction paper in a variety of colors
- Googly eyes
- Feathers
- Tissue paper in various colors (green needed)
- Chenille stems in various colors (black needed)
- Brown yarn cut into small pieces
- Sticky notes

SHOPPING LIST

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SPRING FLING

EARLY DROP-OFF



ACTIVITY/CONCENTRATION

ARRIVAL ACTIVITY

- Puzzles and games related to spring



DURATION/SCHEDULE

3 hours – 6 to 9 a.m.



MATERIALS

- Variety of games and puzzles



LEARNER MODIFICATIONS



GOALS/OBJECTIVES

- Use play to practice new skills and knowledge
- Cooperate with peers during activities
- Coordinate eye and hand movements



STANDARDS

- AL.1 2.A
- AL.1 2.C
- 10.5 2.B



ACTIVITY/CONCENTRATION

READY SET LEARN

Use the following fun facts to lead a class discussion about the spring season:

FUN FACTS ABOUT SPRING:

- The first day of spring is called the vernal equinox. The term vernal is Latin for “spring” and equinox is Latin for “equal night.” The fall and spring equinoxes are the only two times during the year when the sun rises due east and sets due west.
- On the first day of spring, a person at the North Pole would see the sun skimming across the horizon, beginning six months of uninterrupted daylight. A person at the South Pole would see the sun skimming across the horizon, signaling the start of six months of darkness.
- Spring almost always arrives on March 20 or 21, but sometimes on the 19th. The reason the equinoxes and solstices don’t always come on the same day is that the Earth doesn’t circle the sun in exactly 365 days.
- The first day of spring in the Southern Hemisphere is the first day of fall in the Northern Hemisphere.
- Holidays that occur in spring include Easter, Passover, April Fool’s Day, Earth Day, Arbor Day, Mother’s Day, Father’s Day, Cinco De Mayo, and Holi (festival of colors in India).
- One long-term study found that, at least in the Colorado Rocky Mountain region, spring begins, on average, about three weeks earlier than it did in the 1970s.