



CAMP S'MORE

5 DAYS OF THEMED SCHOOL-AGE
SUMMER CAMP LESSONS

**BEST
DAY
EVER!**



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CAMP S'MORE

Get ready for a camping adventure! Campers will discover the simple joys found only in the great outdoors. Whether it's identifying animal tracks, telling stories around the campfire, or learning survival skills, your child will be wanting s'more adventures after this interactive camp! While the lesson plan incorporates many different Pennsylvania Learning Standards, it focuses on the key learning area of "Approaches to Learning through Play." Specifically, children will learn to engage in learning activities that meet the PA Standard Areas of "Constructing, Organizing, and Applying Knowledge."

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SCHEDULE

DAY 1

ARRIVAL ACTIVITY	20 MINUTES
READY, SET, LEARN - GATHER ROUND THE CAMPFIRE	15 MINUTES
HANDS-ON ACTIVITY - BUILD A CAMPFIRE	20 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - BANDAGE TAG	30 MINUTES
HANDS-ON ACTIVITY - GOING ON A CAMPING TRIP	15 MINUTES
BREAK/LUNCH TIME	15 MINUTES
HANDS-ON ACTIVITY - PARK RANGER	30 MINUTES
SOCIAL-EMOTIONAL LEARNING - GROWING GRATEFUL	30 MINUTES
HANDS-ON ACTIVITY - PINECONE TOSS	30 MINUTES
WRAP UP/GOODBYES	10 MINUTES
LATE PICK-UP	15 MINUTES

DAY 2

ARRIVAL ACTIVITY	20 MINUTES
READY, SET, LEARN - ANIMAL TRACKS	15 MINUTES
HANDS-ON ACTIVITY - GOING ON A BEAR HUNT	20 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - GOING ON A BEAR HUNT	30 MINUTES
HANDS-ON ACTIVITY - TUBE OWLS	15 MINUTES
BREAK/LUNCH TIME	15 MINUTES
HANDS-ON ACTIVITY - CREEPY CRAWLY CRITTERS	30 MINUTES
SOCIAL-EMOTIONAL LEARNING - NATURE MEDITATION	30 MINUTES
HANDS-ON ACTIVITY - SPIDER WEB TAG	30 MINUTES
WRAP UP/GOODBYES	10 MINUTES
LATE PICK-UP	15 MINUTES

DAY 3

ARRIVAL ACTIVITY	20 MINUTES
READY, SET, LEARN	15 MINUTES
HANDS-ON ACTIVITY - CAMPING STORY STONES	20 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - ROCK PAPER SCISSORS RACE	30 MINUTES
HANDS-ON ACTIVITY - NATURE WALK	15 MINUTES
BREAK/LUNCH TIME	15 MINUTES

HANDS-ON ACTIVITY - CAMPING BINGO	30 MINUTES
SOCIAL-EMOTIONAL LEARNING - UNPLUGGED	30 MINUTES
HANDS-ON ACTIVITY - BIGFOOT	30 MINUTES
WRAP UP/GOODBYES	10 MINUTES
LATE PICK-UP	15 MINUTES

DAY 4

ARRIVAL ACTIVITY	20 MINUTES
READY, SET, LEARN	15 MINUTES
HANDS-ON ACTIVITY - TREE JARS –	20 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - FOREST EXPLORER RELAY RACE	30 MINUTES
HANDS-ON ACTIVITY - TWIG-TAC-TOE	15 MINUTES
BREAK/LUNCH TIME	15 MINUTES
HANDS-ON ACTIVITY - LEAF RUBBINGS	30 MINUTES
SOCIAL-EMOTIONAL LEARNING - SURVIVAL SKILLS	30 MINUTES
HANDS-ON ACTIVITY - FLASHLIGHT TAG	30 MINUTES
WRAP UP/GOODBYES	10 MINUTES
LATE PICK-UP	15 MINUTES

DAY 5

ARRIVAL ACTIVITY	20 MINUTES
READY, SET, LEARN	15 MINUTES
HANDS-ON ACTIVITY - DIY CAMPER	20 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - CARD SUIT PICK-UP	30 MINUTES
HANDS-ON ACTIVITY - FIREFLIES & GLOWSTICKS	15 MINUTES
BREAK/LUNCH TIME	15 MINUTES
HANDS-ON ACTIVITY - CAMPFIRE CRAFT	30 MINUTES
SOCIAL-EMOTIONAL LEARNING - FIREFLY JARS (ALL ABOUT ME)	30 MINUTES
HANDS-ON ACTIVITY - CONSTELLATION PROJECTIONS	30 MINUTES
WRAP UP/GOODBYES	10 MINUTES
LATE PICK-UP	15 MINUTES

MATERIALS LIST

- Cardboard circle 3' diameter
- String lights
- Tissue paper, orange, yellow, red
- Rocks (collected outside by children)
- Sticks (collected outside by children)
- Campfire wood
- Paper tree (trunk and branches)
- Paper leaves
- Markers
- Pinecones
- Small buckets
- Glue
- Foam sheets
- Paper
- Scissors
- Feathers
- Acrylic paint
- Paintbrushes
- Large googly eyes
- Cardboard tubes
- Coffee cans
- Books with pictures of forest animals
- Modeling clay
- Wooden craft sticks
- Stuffed animal bears (optional)
- Garden shovels
- Magnifying glasses
- Stones (small and smooth, river rock works best)
- Paint pens
- Paper bag
- Pencils
- Bags for collecting items
- Colored pencils
- Glue sticks
- Bingo markers (can be plastic chips, coins, or candy)
- Chart paper or blackboard or smartboard
- Starting line or marker
- Turn around line or marker
- Cardboard
- Hot glue gun
- Hot glue sticks
- Flip flops or empty tissue boxes
- Books about forest plants
- Paper
- Yarn
- Books about trees for reference
- Glass or plastic jars and bottles with lids
- Starting line and cone or marker
- "Explorer Gear" 2 of each item: Hats, backpacks, binoculars, plastic spray bottles filled with water labeled "bug spray," notebook labeled "nature notebook" Large basket for each team
- Twine
- Paper bags (1 per child)
- Small sticks for game boards (4 per child)
- Smaller twigs for X's (8 per child)
- Small stones (4 per child)
- Leaves
- Watercolor paints
- Dark colored crayons with wrapping removed
- White construction paper
- Small mirrors
- Flashlights
- Sticks and branches to practice building a shelter
- Large cardboard appliance boxes
- Cardboard pieces in various sizes
- Fabric
- String lights
- Tape
- Paint
- Deck of cards (4)
- Glow sticks (2 per child)
- Clear jars or glasses (2 per group)
- Ice water
- Cardstock (dark color and assorted)
- Tissue paper squares in red, orange and yellow
- Cotton balls
- Small twigs or craft sticks

- Brown paper strips
- Tea lights (battery operated)
- Glow paint
- Cotton swabs

- Thin markers
- Flashlight (not LED type)
- Constellations books/charts for references
- Hole punch (very small) or nails

SHOPPING LIST

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DAY 1 – GATHER ROUND THE CAMPFIRE



ACTIVITY/CONCENTRATION

EARLY DROP OFF – ARRIVAL ACTIVITY

During this free time, students will select and use toys or games associated with the daily theme.



DURATION/SCHEDULE

180 minutes – 6 to 9 a.m.



ACTIVITY/CONCENTRATION

READY, SET, LEARN

Lead a class discussion about camping.

Group Questions:

- Have you ever been camping?
- Where did you sleep?
- Where did you eat?
- What did you eat?
- How did you prepare your food?
- Did you see any animals? What kind?
- Did you have internet?
- What was your favorite activity?
- What was the most important gear you brought? Make a list of suggested gear to bring camping. Did you forget anything? Tent, sleeping bag, water bottle, flashlight, multitool, first aid kit, survival kit, mess kit, map. As a group, prioritize the list discussing the importance of each item.

Camping Myths: True or False?

1. Water needs to be boiled for 10 minutes to sterilize - FALSE
While boiling water is the most effective way to remove any contamination, it does not have to be for 10 minutes. The CDC recommends boiling water for 1 minute to kill bacteria and viruses. There are some new products available that decontaminate water instantly.
2. Sucking on a stone keeps you hydrated – FALSE
One old survival hack says if you become dehydrated, suck on a stone. Although this trick does help your mouth create more saliva, helping your mouth feel less dry, you are not going to magically get water out of a stone. The saliva in your mouth is liquid that is already in your body, so you are not adding any hydration to your body.
3. You can't make a campfire when it's raining – FALSE
With the right method, you can still enjoy a campfire in the rain. Often going camping means leaving things up to the elements. If you have a rainy day on your camping trip, you can still have a nice fire. Check out some websites or books on how to build a rain-proof fire.
4. Hanging your food prevents bears from getting it – TRUE