



STARS AND STRIPES

.....

5 DAYS OF THEMED SCHOOL-AGE
SUMMER CAMP LESSONS

**BEST
DAY
EVER!**

Find more at:
BESTDAYEVER.FUN

STARS AND STRIPES

Campers will love learning about one of America's favorite holidays, The Fourth of July! From winning our independence to celebrating our freedom, learn what makes our country great from sea to shining sea. While the lesson plan incorporates many different Pennsylvania Learning Standards, it focuses on the key learning area of "Approaches to Learning through Play." Specifically, students will learn to engage in learning activities that meet the PA Standard Areas of "Constructing, Organizing, and Applying Knowledge."

.....

SCHEDULE

DAY 1

ARRIVAL ACTIVITY	20 MINUTES
READY, SET, LEARN	15 MINUTES
HANDS-ON ACTIVITY - PATRIOTIC WINDSOCK	20 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - HOOP RACES	30 MINUTES
HANDS-ON ACTIVITY - STAR SPANGLED BUBBLE WANDS	15 MINUTES
BREAK/LUNCH TIME	15 MINUTES
HANDS-ON ACTIVITY - 4 TH OF JULY WORD SEARCH	30 MINUTES
SOCIAL-EMOTIONAL LEARNING - COMPLIMENT CIRCLE	30 MINUTES
HANDS-ON ACTIVITY - RED, WHITE, AND BLUE TIE DYE	30 MINUTES
WRAP UP/GOODBYES	10 MINUTES
LATE PICK-UP	15 MINUTES

DAY 2

ARRIVAL ACTIVITY	20 MINUTES
READY, SET, LEARN	15 MINUTES
HANDS-ON ACTIVITY - WET CHALK FIREWORKS	20 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - LIGHT THE FUSE	30 MINUTES
HANDS-ON ACTIVITY - FIRECRACKER CENTERPIECE	15 MINUTES
BREAK/LUNCH TIME	15 MINUTES
HANDS-ON ACTIVITY - MILK FIREWORKS	30 MINUTES
SOCIAL-EMOTIONAL LEARNING - READY TO EXPLODE	30 MINUTES
HANDS-ON ACTIVITY - FIREWORK STRAW ROCKETS	30 MINUTES
WRAP UP/GOODBYES	10 MINUTES
LATE PICK-UP	15 MINUTES

DAY 3

ARRIVAL ACTIVITY	20 MINUTES
READY, SET, LEARN	15 MINUTES
HANDS-ON ACTIVITY - GRAND OLD FLAG COLLAGE	20 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - CAPTURE THE FLAG	30 MINUTES
HANDS-ON ACTIVITY - STAR SPANGLED SLIME	15 MINUTES
BREAK/LUNCH TIME	15 MINUTES

HANDS-ON ACTIVITY - STARS AND STRIPES ROCK PAINTING	30 MINUTES
SOCIAL-EMOTIONAL LEARNING - I'M A STAR!	30 MINUTES
HANDS-ON ACTIVITY - FREEDOM BRACELETS	30 MINUTES
WRAP UP/GOODBYES	10 MINUTES
LATE PICK-UP	15 MINUTES

DAY 4

ARRIVAL ACTIVITY	20 MINUTES
READY, SET, LEARN	15 MINUTES
HANDS-ON ACTIVITY - PAATRIOTIC MINUTE TO WIN IT	20 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - BALOON BOUNCE	30 MINUTES
HANDS-ON ACTIVITY - FIZZY STARS	15 MINUTES
BREAK/LUNCH TIME	15 MINUTES
HANDS-ON ACTIVITY - PIN WHEELS	30 MINUTES
SOCIAL-EMOTIONAL LEARNING - CREATE YOUR OWN FLAG	30 MINUTES
HANDS-ON ACTIVITY - ORIGAMI ICE CREAM CONES	30 MINUTES
WRAP UP/GOODBYES	10 MINUTES
LATE PICK-UP	15 MINUTES

DAY 5

ARRIVAL ACTIVITY	20 MINUTES
READY, SET, LEARN	15 MINUTES
HANDS-ON ACTIVITY - UNCLE SAM CRAFT	20 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - WALK THE LINE	30 MINUTES
HANDS-ON ACTIVITY - STAR SUNCATCHERS	15 MINUTES
BREAK/LUNCH TIME	15 MINUTES
HANDS-ON ACTIVITY - BALD EAGLE CRAFT	30 MINUTES
SOCIAL-EMOTIONAL LEARNING - DIGITAL CITIZENSHIP	30 MINUTES
HANDS-ON ACTIVITY - STARS AND SACKS	30 MINUTES
WRAP UP/GOODBYES	10 MINUTES
LATE PICK-UP	15 MINUTES

MATERIALS LIST

- American flag
- Cardboard tubes
- Red, white, and blue yarn (cut into 18" pieces)
- Clear tape and regular tape
- Red, white, and blue streamers or garland (cut into 12' pieces)
- Red, white, and blue ribbon (cut into 12" pieces)
Let's Get Moving – Hoop Races
- Hula hoops
- Red, white, and blue chenille stems
- Small star cookie cutters
- Red, white, and blue beads
- Shallow dishes
- Bubble solution
- Pencils
- Colored pencils
- Chenille stems
- Multicolored plastic beads
- Letter beads
- Optional – plastic charms
- Pictures of fireworks from a book or internet
- Black paper
- Colored chalk
- Bowls
- Paper towel tubes
- yarn or rope attached to the top (firecracker)
- Red, orange, and yellow tissue paper
- Glue
- Timer
- Red, white, and blue construction paper
- Patriotic ribbon
- Chenille stems
- Foil
- Bubble wrap
- Glass jar
- Milk
- Measuring spoons and cups
- Flashlight
- Paper
- Crayons
- Music that sounds angry
- Music that sounds happy
- Straws
- Strips of construction paper 2" X 4"
- Small patriotic stickers
- Red, white & blue curling ribbon
- White construction paper
- Various size squares, red, white, and blue of different materials (scrap paper, tissue paper, fabric, magazine pages, paint samples, wallpaper samples)
- Flags
- Whistle
- Clear glue (2 bottles)
- Liquid starch
- Star confetti
- Mixing bowl
- Large spoons
- Resealable bags labeled with student's names
- Smooth round rocks
- Paint markers
- Newspaper or plastic tablecloths
- Crayons, red, yellow, and green
- Pencils or pens
- Moon sand
- Pie tins
- Small balls of varying size and weight
- Map of the United States
- Hula hoops
- Milk crates
- Ropes
- Prizes (optional)Page
- Red, white, and blue rubber balloons
- Star cookie cutters
- Baking soda
- Vinegar
- Plastic spoons
- Small plastic cups
- Red and blue food coloring
- Small eye droppers or pipettes
- Scissors
- Paper fasteners

- Straws
- Sharpened pencils
- Paper
- Fabric for flags (white handkerchiefs or cloth napkin)
- Wooden dowel rods
- Paper squares cut to 6" squares
- Optional: Crayons, stickers for "toppings"
- Large wooden craft sticks
- Red, white, and blue paint
- Cotton balls
- Googly eyes
- Black marker
- Tape or sidewalk chalk
- Patriotic music (optional)
- Cardstock
- Construction paper (red, white, blue, brown and orange)
- Red, white, and blue tissue paper squares, 1/2"
- Red, white, and blue ribbon cut in 4" pieces
- Cardboard tubes
- Brown and white paint
- Paintbrushes
- Black markers
- Googly eyes
- Brown and white feathers (optional)
- Empty pizza boxes
- Bean bags

SHOPPING LIST

<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____	<input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____ <input type="checkbox"/> _____
--	--

DAY 1 – INDEPENDENCE DAY



ACTIVITY/CONCENTRATION

EARLY DROP OFF – ARRIVAL ACTIVITY

During this free time, students will select and use toys or games associated with the daily theme.



DURATION/SCHEDULE

180 minutes – 6 to 9 a.m.



ACTIVITY/CONCENTRATION

READY, SET, LEARN

Class discussion about the history of the 4th of July: Ask the students the following questions and let their answers guide the discussion.

Why does the U.S.A. celebrate the 4th of July?

- Because it represents the day that America won its independence from British rule, July 4th, 1776.

Why were the Colonists unhappy with the British government?

- They felt they were unfairly taxed.
- They had no representation (no vote on the laws that affected them).

What was the name of the war that was fought to revolt against the British?

- The **American Revolutionary War** was fought from 1775 -1783.
- One event that led to the war was the **Boston Tea Party**. On December 16, 1773, colonists boarded British ships in Boston Harbor and threw their cargo of tea into the water. This was to protest the tax on tea as well as a law that allowed British merchants being allowed to sell tea more cheaply than colonist tea merchants.
- The first major battle of the war took place at **Bunker Hill**, near Boston. The British captured Bunker Hill on June 17, 1775. But they lost so many soldiers that the colonists claimed victory. The battle encouraged the colonists.
- Fighting against the larger and better-equipped British Army was often difficult. The winter of 1777–78 was a very hard one for the Americans. General George Washington and his troops camped at **Valley Forge**, near Philadelphia. Even though they suffered from illness and hunger, that spring they battled fiercely and defeated the British in Monmouth, New Jersey, on June 28, 1778.

What was the name of the famous document that was signed on the 4th of July?

- The Declaration of Independence was written to announce that the colonists were no longer part of the British government and they were going to be a new nation called the United States of America.
- Thomas Jefferson wrote most of the Declaration of Independence with the help of the Committee of Five (Benjamin Franklin, John Adams, Thomas Jefferson, Roger Sherman and Robert Livingston).
- The document was signed by 56 men representing the 13 colonies.
- In a letter that John Adams wrote to his wife about America's Independence, he wrote "The day will be most memorable in the history of America. I am apt to believe that it will be celebrated by succeeding generations as