

FROSTY FRIENDS

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KIDS' DAY OUT
SINGLE DAY LESSON PLAN FOR GRADES K-5

**BEST
DAY
EVER!**



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FROSTY FRIENDS

Frosty Friends is an interactive school-age lesson plan that encourages children to construct knowledge through thoughtfully planned activities and active exploration of their environment. Children will learn about snow friends! While the lesson plan incorporates many different Pennsylvania Learning Standards, it focuses on the key learning area of “Creative Thinking and Expression”. Specifically, children will engage in learning activities that meet the PA Standard Areas: Learning Through Experience, and Creative Thinking.

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SINGLE DAY SCHEDULE

ACTIVITY/CONCENTRATION	DURATION/SCHEDULE
Arrival Activity (Early drop off): Puzzles/Games	As Needed
Ready Set Learn: Building with Snow	45 Minutes
Hands-On Activity: Make Your Own Snow	30 Minutes
Snack	15 Minutes
Themed Activity: Snow Dot Painting	30 Minutes
Hands-On Activity: Snow Masks	45 Minutes
Lunch	45 Minutes
Hands-On Activity: Snowflake Stencils	45 Minutes
Social-Emotional Learning: Bullying	45 Minutes
Hands-On Activity: Make Your Own Snow Globe	45 Minutes
Wrap Up	15 Minutes
Pick Up Activity (Late Pick Up): Puzzles/Games	As Needed

MATERIALS LIST

- Variety of games and puzzles
- 3 cups of baking soda
- Paper plates
- Craft sticks
- Black construction paper or card stock
- Tape
- ½ cup of white conditioner
- Plastic resealable bags
- Blue and white construction paper
- Cotton swabs
- White water-soluble paint
- Scissors
- Small glass jar or clear plastic cups with lids
- Embellishments
- Small pompoms or materials resembling snow
- Winter-themed figurines
- Glue gun and glue sticks (teachers only)
- Stapler
- Blue or white chalk or blue pastel stick
- Optional: Disposable gloves

SHOPPING LIST

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FROSTY FRIENDS

EARLY DROP-OFF



ACTIVITY/CONCENTRATION

ARRIVAL ACTIVITY

- Puzzles and games related to snow



DURATION/SCHEDULE

3 hours – 6 to 9 a.m.



MATERIALS

- Variety of games and puzzles



LEARNER MODIFICATIONS



GOALS/OBJECTIVES

- Use play to practice new skills and knowledge
- Cooperate with peers during activities
- Coordinate eye and hand movements



STANDARDS

- AL.1 2.A
- AL.1 2.C
- 10.5 2.B



ACTIVITY/CONCENTRATION

READY, SET, LEARN: BUILDING WITH SNOW

For how many years do you think people have been building in the snow? The record of the first snow person dates back to the year 1380! Snow people are a popular theme during the winter season in decorations and in children's media. A famous snow character, Frosty the Snowman, is popular in children's songs. "Frosty the Snowman" was later adapted into film and television specials. He was magically brought to life by the old silk hat placed on his head.

Fun Facts:

- Snow becomes suitable for packing into snowballs when it approaches its melting point and becomes moist and compact. Making a snow person of powdered snow is difficult since it will not stick to itself, and if the temperature of packing snow drops, it will form an unusable denser form of powdered snow called crust. Thus, the best time to build a snow person is usually the next warm afternoon directly following a snowfall with laying snow. Using more compact snow allows for the construction of a large snowball by simply rolling it until it grows to the desired size.
- If a snowball reaches the bottom of the grass it may pick up traces of grass, gravel, or dirt.