

ICY ESCAPADES

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KIDS' DAY OUT
SINGLE DAY LESSON PLAN FOR GRADES K-5

**BEST
DAY
EVER!**



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BESTDAYEVER.FUN

ICY ESCAPADES

Get ready to explore icy fun! Icy Escapades is an interactive school-age lesson plan that encourages children to construct knowledge through thoughtfully planned activities and active exploration of their environment. Children will learn about cold weather activities. While the lesson plan incorporates many different Pennsylvania Learning Standards, it focuses on the key learning area of “Social Studies Thinking - Connecting to Communities”. Specifically, children will engage in learning activities that meet the PA Standard Areas: Geography and Visual Arts.

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SINGLE DAY SCHEDULE

ACTIVITY/CONCENTRATION	DURATION/SCHEDULE
Arrival Activity (Early drop off): Puzzles/Games	As Needed
Ready Set Learn: Winter Sports	45 Minutes
Hands-On Activity: Ice Skating	30 Minutes
Snack	15 Minutes
Themed Activity: Skiing Snow Friend	45 Minutes
Hands-On Activity: Math Sled Race	30 Minutes
Lunch	45 Minutes
Hands-On Activity: Watercolor Icicles	45 Minutes
Social-Emotional Learning: Winter Blues	45 Minutes
Hands-On Activity: Melted Ice	45 Minutes
Wrap Up	15 Minutes
Pick Up Activity (Late Pick Up): Puzzles/Games	As Needed

MATERIALS LIST

- World map
- Thick plastic or plastic bags
- Rubber bands or masking tape
- Small stickers
- Small toy cars
- Hot glue gun
- Glue or tacky glue
- White pompoms
- Felt pages
- Toothpicks
- Small or large popsicle sticks
- Ice
- Vinegar
- Squirt bottles
- Salt
- Pencils
- Plastic bowls
- Watercolor paints
- Watercolor paintbrushes
- Watercolor paper or thick paper
- Optional: Embellishments such as small clothing accessories like a hat, etc.

SHOPPING LIST

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ICY ESCAPADES

EARLY DROP-OFF



ACTIVITY/CONCENTRATION

ARRIVAL ACTIVITY

- Puzzles and games related to winter



DURATION/SCHEDULE

3 hours – 6 to 9 a.m.



MATERIALS

- Variety of games and puzzles



LEARNER MODIFICATIONS



GOALS/OBJECTIVES

- Use play to practice new skills and knowledge
- Cooperate with peers during activities
- Coordinate eye and hand movements



STANDARDS

- AL.1 2.A
- AL.1 2.C
- 10.5 2.B



ACTIVITY/CONCENTRATION

READY SET LEARN: WINTER SPORTS

What are your favorite things to do during cold months? What is the weather like where you live? Winter sports have been around for thousands of years. To this day, people gather to enjoy ice skating, skiing, and more! In this lesson, we will explore fun ways to enjoy the cold weather, whether indoors or outdoors.

FACTS ABOUT WINTER SPORTS:

- Ice skating was possibly invented in 3000 BC to travel faster.
- The teeth in the front of skates aren't for stopping, but for spinning and jumping.
- Manmade ice rinks were invented in 1876.
- Iron blades were invented for ice skates in 1849 by William Brown, an Englishman.

Here are some places that feature the popular winter sports:

- Dubai Mall: Ice Skating Rink
- Rockefeller Center Ice skating rink is an iconic spot.
- Princess Street Gardens Ice Skating rink
- Whistler Blackcomb near Vancouver, Canada, rated as the best place to ski in the world.
- Courchevel, France is for expert skiers.