

GLOBAL GROOVES

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5 DAYS OF AFTER SCHOOL LESSON PLANS

GRADES K-5

**BEST
DAY
EVER!**



Find more at:
BESTDAYEVER.FUN

GLOBAL GROOVES

Children will have a blast this week learning about and making music! Key learning concepts will be fun and exciting as discoveries and games are played. Although the lesson plan incorporates many different Pennsylvania Learning Standards, a focus is on the area of “Creative Thinking and Expression: Communicating Through the Arts”. Specifically, children will engage in activities that meet the PA Standard Areas of Science, Social Studies, Art, and Physical Activity.

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SCHEDULE

DAY 1: MAKER MONDAY

MAKE YOUR OWN MARACAS

30 MINUTES

DAY 2: STEM TUESDAY

MUSICAL INSTRUMENT CHALLENGE

30 MINUTES

DAY 3: AROUND THE WORLD WEDNESDAY

THE CLASSIC GUITAR: SPAIN

30 MINUTES

DAY 4: ARTSY THURSDAY

PAPER PLATE TAMBOURINES

30 MINUTES

DAY 5: FIT FRIDAY

DRUM CIRCLE FITNESS

30 MINUTES

MATERIALS LIST

- Plastic spoons, colored if possible
- Masking tape
- Small beads
- Colored permanent markers
- Bells
- Hole punch
- Paper plates
- Plastic fillable round eggs
- Markers
- Paper towels
- Yarn
- Plastic containers of various sizes that can be used as drums
- Glue
- Plastic and metal bottle caps
- Plastic lids
- Empty plastic bottles
- Aluminum disposable tins
- Paper bags
- Chenille stems
- Metal bottle caps

SHOPPING LIST

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DAY 1: MAKER MONDAY

MAKE YOUR OWN MARACAS



ACTIVITY/CONCENTRATION

Description of Activity:

- **STEP 1:** Tell students this week we will learn all about music! Today we are going to focus on an instrument called a maraca. Maracas come from Latin countries such as Brazil and are fun to shake!
- **STEP 2:** Allow each student to choose a colored plastic fillable egg. Fill it with about a tablespoon of small beads and close tightly.
- **STEP 3:** Use masking tape to wrap around the egg, sealing it closed.
- **STEP 4:** Have students work together to complete the following step: use two plastic spoons to clamp the plastic egg tightly.
- **STEP 5:** As one student holds the spoons together, the other student can wrap strips of colorful tape around the spoons and their handles.
- **STEP 6:** Once all the students have completed their maracas, turn on some music and have them shake, shake, shake!
- **STEP 7:** (Optional) Students can use colorful permanent markers to decorate their maracas!



DURATION/SCHEDULE

30 minutes



MATERIALS

- Plastic spoons
- Small beads
- Colorful tape
- Plastic fillable eggs
- Colored permanent markers



LEARNER MODIFICATIONS



GOALS/OBJECTIVES

- Complete multi-step tasks with independence
- Know and use basic elements of visual art



STANDARDS

- AL.2.2.B
- 9.1.V.2.A