

DREAM TEAM



5 DAYS OF THEMED SCHOOL-AGE
SUMMER CAMP LESSONS

**BEST
DAY
EVER!**



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DREAM TEAM

Students will explore history in new ways. Learning key historical concepts will be fun and exciting as discoveries and games are played! While the lesson plan incorporates many different Pennsylvania Learning Standards, it focuses on the key learning area of "Approaches to Learning through Play". Specifically, students will learn to engage in activities that meet the PA Standard Areas of Social Emotional Learning, Social Studies, and Visual Arts.

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SCHEDULE

DAY 1

ARRIVAL ACTIVITY	
READY, SET, LEARN	45 MINUTES
HANDS-ON ACTIVITY - GREEK STYLE POTTERY	30 MINUTES
BREAK/ SNACK TIME	15 MINUTES
LET'S GET MOVING - OLYMPIC GAMES	45 MINUTES
HANDS-ON ACTIVITY - FOUND OBJECT GAMES	30 MINUTES
BREAK/ LUNCH TIME	45 MINUTES
HANDS-ON ACTIVITY - CASTING METAL MEDALS	45 MINUTES
SOCIAL-EMOTIONAL LEARNING - WHAT HAPPENS WHEN WE DON'T WIN?	45 MINUTES
HANDS-ON ACTIVITY - SPORTING A FLAG	45 MINUTES
WRAP UP/GOODBYES	15 MINUTES
LATE PICK-UP	

DAY 2

ARRIVAL ACTIVITY	
READY, SET, LEARN	45 MINUTES
HANDS-ON ACTIVITY - TEAM BUILDING	30 MINUTES
BREAK/ SNACK TIME	15 MINUTES
LET'S GET MOVING - TEAM BUILDING GAMES	45 MINUTES
HANDS-ON ACTIVITY - TIE-DYE BANDANAS	30 MINUTES
BREAK/ LUNCH TIME	45 MINUTES
HANDS-ON ACTIVITY - DIGITAL PHOTO SCAVENGER HUNT	45 MINUTES
SOCIAL-EMOTIONAL LEARNING - WATCH VIDEO AND DISCUSS THE WORD: LET'S	45 MINUTES
HANDS-ON ACTIVITY - SUMMER SHOE CHARM DESIGN	45 MINUTES
WRAP UP/GOODBYES	15 MINUTES
LATE PICK-UP	

DAY 3

ARRIVAL ACTIVITY	
READY, SET, LEARN	45 MINUTES
HANDS-ON ACTIVITY - MATH BASKETS	30 MINUTES
BREAK/ SNACK TIME	15 MINUTES
LET'S GET MOVING - KICKBALL	45 MINUTES
HANDS-ON ACTIVITY - SHOE DESIGN	30 MINUTES
BREAK/ LUNCH TIME	45 MINUTES
HANDS-ON ACTIVITY - LIFE-SIZED FOOSBALL	45 MINUTES



SOCIAL-EMOTIONAL LEARNING - TROPHIES	45 MINUTES
HANDS-ON ACTIVITY - DESK BASKETBALL GAME	45 MINUTES
WRAP UP/GOODBYES	15 MINUTES
LATE PICK-UP	

DAY 4

ARRIVAL ACTIVITY	
READY, SET, LEARN	45 MINUTES
HANDS-ON ACTIVITY - CREATE SECRET CODE	30 MINUTES
BREAK/ SNACK TIME	15 MINUTES
LET'S GET MOVING - PHYSICAL FITNESS GAMES	45 MINUTES
HANDS ON ACTIVITY - MARCHING CADENCE	30 MINUTES
BREAK/ LUNCH TIME	45 MINUTES
HANDS-ON ACTIVITY - CAMOUFLAGE CLOTHESPINs	45 MINUTES
SOCIAL EMOTIONAL LEARNING - THANKING A VETERAN	45 MINUTES
HANDS ON ACTIVITY - WRITING TO A SOLDIER	45 MINUTES
WRAP UP/GOODBYES	15 MINUTES
LATE PICK-UP	

DAY 5

ARRIVAL ACTIVITY	
READY, SET, LEARN	45 MINUTES
HANDS-ON ACTIVITY - FIRST AID KITS	30 MINUTES
BREAK/ SNACK TIME	15 MINUTES
LET'S GET MOVING - STRENGTH IN NUMBERS	45 MINUTES
HANDS-ON ACTIVITY - FLOCK OF GEESE	30 MINUTES
BREAK/ LUNCH TIME	45 MINUTES
HANDS-ON ACTIVITY - THANK YOU POSTERS FOR FIRST RESPONDERS	45 MINUTES
SOCIAL-EMOTIONAL LEARNING - CREATE A PLAN TO HELP	45 MINUTES
HANDS-ON ACTIVITY - FIRST RESPONDER SUPPORT FLAG	45 MINUTES
WRAP UP/GOODBYES	15 MINUTES
LATE PICK-UP	

MATERIALS LIST

- Paper (orange or tan, various)
- Markers
- Crayons
- Batons
- Sleds
- Frisbees
- Recycled objects such as plastic bottles, string, boxes, etc.
- Buckets
- Pencils
- Liquid soap
- Tracing paper
- Engraving sticks
- Soft clay or play dough
- Colored pencils
- Tacky glue
- Dowel rods
- Beads
- Bracelet string
- Chairs
- Hula hoops
- Gloves
- Warm water
- Bandanas
- Rubber bands
- Squirt bottles
- Newspaper or plastic tablecloths
- String (clothesline)
- Clothespins
- Bag
- Cell phones
- Scissors
- Glue
- Can
- Flashcards
- Playground ball
- Scoring supplies (pen and paper or marker and dry erase board)
- Masking tape
- Small beach ball
- Shoe boxes
- Ping pong balls
- Craft stick
- Bottle caps
- Extra cardboard
- Small cups
- Glue gun and glue sticks
- Tape
- Thick pieces of rope
- Chalk
- Scrapbook paper
- Buttons
- Embellishments
- Stickers
- Multimedia player
- Donated first aid supplies
- Shoebox or gallon bag
- Blankets
- Finger paint
- Poster board
- Ribbon (red, blue, yellow, green, white)
- Fabric glue
- Black pillowcase or black fabric
- Thick paper plates
- Optional: badges
- Optional: suitcase full of weight
- Optional: hot plate
- Optional: soda cans
- Optional: oven mitt
- Optional: iron on stars or star stickers
- Optional: iron and board
- Optional: pieces of crayons (silver, gold or bronze)
- Optional: protective eye wear
- Optional: smocks

SHOPPING LIST

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DAY 1 – OLYMPICS



ACTIVITY/CONCENTRATION

EARLY DROP OFF - ARRIVAL ACTIVITY

During this free time, students will select and use toys or games associated with the daily theme.



DURATION/SCHEDULE

180 minutes – 6 to 9 a.m.



ACTIVITY/CONCENTRATION

READY, SET, LEARN

The History of the Olympics: What are the Olympic games? How old are the Olympics? How often are the games played?

Fun Facts:

- About 2,000 years ago, the Greeks constructed an entertainment resource called an amphitheater, which is now known as a stadium. Earth-carved seating made way for larger audience activities. Entertainment that looked like athletic games were called the Pythian games. These games were held at Olympia, Delphi, Nemea, and Corinth (Greek cities). Years later, the games were held in almost 150 more cities.
- As time went on, the games in Olympia became the most important. The Olympic games held so much importance that time was measured by the Olympic games in 4-year sections. Olympic games would go on for days and people celebrated by holding festivals. Wars would stop during these festival seasons that were dedicated to their Greek god, Zeus.
- The games began as one event, a foot race. Boxing, chariot racing, street fighting, wrestling, and horse racing were added by the year 616 BCE. The Olympic games are still played every 4 years to this day. We currently recognize 57 different events in both the Summer Olympic Games and Winter Olympic Games.
- Some facts about the Olympics:
 - Anyone can compete regardless of race, religion, or training.
 - The Olympic flag is represented with 5 rings that represent the 5 parts of the world.
 - Olympic symbols include the flaming torch, 5 rings, medals, the motto, “Citius, altius, fortius,” or “Faster, higher, stronger!” There’s even a mascot!
 - The Olympic games include an opening ceremony and a closing ceremony.
 - Medals come in 3 metals: bronze, silver, and gold. Originally, silver was awarded for first place, not gold.



DURATION/SCHEDULE

45 minutes – 9 to 9:45 a.m.



MATERIALS

- Fun Facts from above