

# HOW DOES YOUR GARDEN GROW

.....  
5 DAYS OF THEMED PRESCHOOL  
SUMMER CAMP LESSONS

**BEST  
DAY  
EVER!**

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# HOW DOES YOUR GARDEN GROW?

Do you have a preschooler who loves gardening? If so, How Does Your Garden Grow, is the perfect interactive preschool lesson plan for your child. This lesson plan encourages children to gain knowledge through play, planned activities, and explorations. Children will gain an insight into caring and planning for a garden, what grows in a garden, who is helpful in the growth of a garden, and how gardens are beneficial to people and the environment. While this lesson plan encompasses many of the Pennsylvania Learning Standards, the focus is on Curiosity and Initiative, as well as Biological Sciences.

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## SCHEDULE

### DAY 1

ARRIVAL ACTIVITY - GARDEN COLLAGE	30 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY - WHAT GROWS IN A GARDEN?	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY - FLOWER HOP COLOR GAME	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - PAINTING WITH SPONGES AND STAMPS	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

### DAY 2

ARRIVAL ACTIVITY - MAKING LETTERS WITH SEEDS OR SEED SORTING	30 MINUTES
CIRCLE TIME	15 MINUTES
THEMED ACTIVITY - PLANTING SEEDS ON A SPONGE	30 MINUTES
OUTSIDE PLAY - HULA HOOP GAME	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - WHAT DO SEEDS NEED TO GROW	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

### DAY 3

ARRIVAL ACTIVITY - WRITING IN SOIL	20 MINUTES
CIRCLE TIME	15 MINUTES
THEMED ACTIVITY - LIFE CYCLE OF A PLANT	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY - OBSTACLE COURSE	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - FLOWER NAME CRAFT	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

## DAY 4

ARRIVAL ACTIVITY - MEASURING FLOWERS	20 MINUTES
CIRCLE TIME	15 MINUTES
THEMED ACTIVITY - DISSECTING A PLANT	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY - BALL PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - LABELING THE PARTS OF A PLANT	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

## DAY 5

ARRIVAL ACTIVITY - PLAY DOUGH GARDENS	20 MINUTES
CIRCLE TIME	15 MINUTES
THEMED ACTIVITY - BEES, WORMS, AND LADYBUGS, OH MY!	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY - FLOWER HUNT	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - LADYBUG CRAFT	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

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# MATERIALS LIST

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- Flag
- Glue
- Soil
- Leaves (real or fake)
- Timer
- Cones
- Planting seeds
- Gloves
- Trays
- Cubes
- Paper
- Paint (blue, red, various colors)
- Paintbrushes
- Plants
- Smocks
- Straws
- Flowers
- Sponges
- Magazines
- Scissors
- Pointer
- Calendar
- Weather chart
- Pictures of fruit
- Pictures of vegetables
- Pictures of flowers
- Pictures of different plants
- Sorting mats
- Play fruit and vegetables
- Sidewalk chalk
- Paper plates
- Plastic gardening tools and containers
- Letter, number, or name mats
- Ice cube trays or sorting trays
- Water mister
- Plastic wrap
- Hula hoops
- Poster board
- Cotton swabs
- Sticks for writing
- Paper squares (light green, dark green)
- Black marker or crayon
- Various fruits, veggies, and plants
- Magnifying glasses
- Linking chains
- Playground balls
- Construction paper (blue, brown, white)
- Yarn (brown)
- Cupcake paper
- Green straws
- Paper leaf
- Child-friendly gardening tools
- Play dough
- Craft sticks
- Ink pad or flour
- Flower-shaped felt
- Googly eyes
- Paper circles (black)
- Chenille stems (black)

# SHOPPING LIST

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# DAY 1 – EXPLORING GARDENS

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## ACTIVITY/CONCENTRATION

### ARRIVAL ACTIVITY - GARDEN COLLAGE

Encourage children to cut out various pictures from magazines of gardens or things that may grow in gardens. Once all the children have cut out a few pictures, have them take turns gluing the images onto a poster board.



## DURATION/SCHEDULE

20 minutes – 9 to 9:20 a.m.



## MATERIALS

- Glue
- Scissors
- Poster board
- Magazines



## LEARNER MODIFICATIONS



## GOALS/OBJECTIVES

- Use hands, fingers, and wrists to manipulate objects
- Coordinate eye and hand movements to perform a task



## STANDARDS

- 10.5 PK.A
- 10.5 PK.B



## ACTIVITY/CONCENTRATION

### CIRCLE TIME

- Attendance
- Weather
- Calendar
- Flag
- Discuss gardening:
  - What is a garden?
  - What can we grow in a garden?
  - Ask students if their family grows a garden.
  - Share interesting facts about gardening.
    - Plants move to sound.
    - Soil is made up of living things called organisms.
    - Plants speak to each other and know their families.
    - Plants know when to wake up and when to go to bed.



## DURATION/SCHEDULE

15 minutes – 9:20 to 9:35 a.m.