



# KEEPIN' IT COOL

5 DAYS OF THEMED SCHOOL-AGE  
SUMMER CAMP LESSONS

**BEST  
DAY  
EVER!**

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# KEEPIN' IT COOL

The class will explore the cold! Learning concepts will be fun and exciting as discoveries are made and games are played. While the lesson plan incorporates many different Pennsylvania Learning Standards, it focuses on the key learning areas of "Health, Wellness , and physical Development". Specifically, students will learn to engage in activities that meet the PA Standard Areas of: Approaches to Learning Through Play, Scientific Thinking and Technology, and Production and Performance in the Visual Arts.

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## SCHEDULE

### DAY 1

ARRIVAL ACTIVITY	
READY, SET, LEARN	45 MINUTES
HANDS-ON ACTIVITY - CLOUDY WITH NO CHANCE OF MEATBALLS	30 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - WEATHER MOVEMENT	30 MINUTES
HANDS-ON ACTIVITY - WINDY WEATHER	30 MINUTES
BREAK/LUNCH TIME	45 MINUTES
HANDS-ON ACTIVITY - BUILDING BRICKS WATER CYCLE	30 MINUTES
SOCIAL-EMOTIONAL LEARNING - FEELINGS OR WEATHER CONDITIONS?	45 MINUTES
HANDS-ON ACTIVITY - WINDY HAIR	30 MINUTES
WRAP UP/GOODBYES	15 MINUTES
LATE PICK-UP	

### DAY 2

ARRIVAL ACTIVITY	
READY, SET, LEARN	45 MINUTES
HANDS-ON ACTIVITY - WINTER HAT	30 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - SNOWBALL FIGHT	30 MINUTES
HANDS-ON ACTIVITY - WINTER GRAPHING	30 MINUTES
BREAK/LUNCH TIME	45 MINUTES
HANDS-ON ACTIVITY - SNOWSTORM	30 MINUTES
SOCIAL-EMOTIONAL LEARNING - RECIPE FOR SUCCESS	45 MINUTES
HANDS-ON ACTIVITY - ELSA'S ICE PALACE	30 MINUTES
WRAP UP/GOODBYES	15 MINUTES
LATE PICK-UP	

### DAY 3

ARRIVAL ACTIVITY	
READY, SET, LEARN	45 MINUTES
HANDS-ON ACTIVITY - FEET BRUSH PAINTING	30 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - NO HANDS CATCH	30 MINUTES
HANDS-ON ACTIVITY - KNOCK IT	30 MINUTES
BREAK/LUNCH TIME	45 MINUTES

HANDS-ON ACTIVITY - TOE-TALLY PAINTED	30 MINUTES
SOCIAL-EMOTIONAL LEARNING - HELPING HANDS	45 MINUTES
HANDS-ON ACTIVITY - THINK, PAIR, SHARE	30 MINUTES
WRAP UP/GOODBYES	15 MINUTES
LATE PICK-UP	

## DAY 4

ARRIVAL ACTIVITY	
READY, SET, LEARN	45 MINUTES
HANDS-ON ACTIVITY - FAN ART	30 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - TAP, TAP, POUR	30 MINUTES
HANDS-ON ACTIVITY - WATER DODGEBALL	30 MINUTES
BREAK/LUNCH TIME	45 MINUTES
HANDS-ON ACTIVITY - WATER BALLOON ART	30 MINUTES
SOCIAL-EMOTIONAL LEARNING - COMMUNICATION	45 MINUTES
HANDS-ON ACTIVITY - ICE CREAM CONES	30 MINUTES
WRAP UP/GOODBYES	15 MINUTES
LATE PICK-UP	

## DAY 5

ARRIVAL ACTIVITY	
READY, SET, LEARN	45 MINUTES
HANDS-ON ACTIVITY - PAINT WITH ICE	30 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - FREEZE TAG	30 MINUTES
HANDS-ON ACTIVITY - SPONGE FIGHT	30 MINUTES
BREAK/LUNCH TIME	45 MINUTES
HANDS-ON ACTIVITY - RIPPED PAPER CONES	30 MINUTES
SOCIAL-EMOTIONAL LEARNING - WORDS WITH FRIENDS	45 MINUTES
HANDS-ON ACTIVITY - ICE POP SLEEVES	30 MINUTES
WRAP UP/GOODBYES	15 MINUTES
LATE PICK-UP	

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# MATERIALS LIST

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- Glue
- Cups
- Paint (light blue, assortment)
- Rope
- Ruler
- Tape
- Straws
- Paper
- Markers
- Scissors
- Pencils
- Crayons
- Puff balls
- Stickers
- Writing utensils
- Pompoms
- Clipboards
- Paintbrushes
- Cotton balls
- Building block mats
- Building blocks (gray, white, yellow, blue, green)
- Liquid watercolors
- White paper towels
- Crumpled paper balls or ball pit balls
- Colored pencils
- Oil (vegetable or baby)
- Alka seltzer® tablets
- Clear bottle or cup
- Recipe cards
- Sugar cubes
- Paint trays
- Sand buckets
- Water balloons
- Nylon stockings or equivalent item
- Heavy balls or items
- Large sheets of paper
- Newspapers
- Copy paper
- Craft sticks
- Mini elastic hair bands
- Water balloons
- Buckets
- Sticky notes
- Frozen colored ice
- Weather journals
- Circular sponges
- Patterned paper
- Construction paper
- Writing utensils
- Foam or felt sheets
- Hot glue gun with glue sticks
- Foam letters
- Optional: super soaker balls
- Optional: trays

# SHOPPING LIST

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# DAY 1 – SUMMER WEATHER

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## ACTIVITY/CONCENTRATION

### EARLY DROP OFF - ARRIVAL ACTIVITY

During this free time, students will select and use toys or games associated with the daily theme.



## DURATION/SCHEDULE

180 minutes – 6 to 9 a.m.

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## ACTIVITY/CONCENTRATION

### READY, SET, LEARN

Hold a class discussion about summer weather. Ask the questions that are listed below and discuss the summer season with the students.

#### Ask the following questions:

- “Do you know when summer starts?” Answer: Summer starts on June 21st and ends September 22.
- “What weather do you like the best?”
- “What is the difference between the weather in the four different seasons?”
- “What is ‘summer weather’?”
- “What are your favorite summer activities?”

Discuss the activity that is to be completed each morning for the next week:

Weather Journals: each day, during the morning time, the students are to go outside and check the weather. The students should fill in the necessary information independently then pass out clipboards and the weather predictions activity pages. Have the students decorate their journals with a few crayons with the time remaining.



## DURATION/SCHEDULE

45 minutes – 9 to 9:45 a.m.



## MATERIALS

- Clipboards
- Writing utensils
- Crayons
- Activity pages: Weather Predictions (provided in the Additional Resources)



## LEARNER MODIFICATIONS