



# MAKIN' A MESS

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5 DAYS OF THEMED PRESCHOOL  
SUMMER CAMP LESSONS

**BEST  
DAY  
EVER!**

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# MAKIN' A MESS

Makin' A Mess is an interactive preschool lesson plan that encourages children to construct knowledge through meaningful play, thoughtfully planned activities, and active exploration of the environment. Children will have fun making messes! While the lesson plan incorporates many different Pennsylvania Learning Standards, it focuses on the key learning areas of "Creative Thinking and Expression". Specifically, children will engage in learning activities that meet the PA Standard Areas of Production and Performance in Visual Arts and Approaches to Learning Through Play.

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## SCHEDULE

### DAY 1

ARRIVAL ACTIVITY - DOUGH TIME	20 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY - SPRAY PAINT ART	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - WATERCOLOR PAINT	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

### DAY 2

ARRIVAL ACTIVITY - ALPHABET ROBOTS AND NUMBER	20 MINUTES
CIRCLE TIME	15 MINUTES
THEMED ACTIVITY - BUBBLE PAINTING	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - NATURE COLLAGE	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

### DAY 3

ARRIVAL ACTIVITY - MARKER ART	20 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY - FIZZY CLOUD DOUGH	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - TAPE PAINTING	15 MINUTES
CENTER PLAY	15 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

## DAY 4

ARRIVAL ACTIVITY - COUNTING GAMES	15 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY - SPLATTER PAINT WITH POMPOMS	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - ABSTRACT PAPER TEARING ART	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

## DAY 5

ARRIVAL ACTIVITY - FINGERPAINTING	20 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY - SWIRLY PAINTING	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - STAMPERS	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

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# MATERIALS LIST

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- Ink
- Kickball
- Bases
- Trays
- Tape
- Paper (plain, construction paper, and watercolor)
- Cups
- Paper towels
- Flag
- Paint
- Toy cars
- Boxes
- Stampers
- Markers
- Large bowl
- Pointer
- Calendar
- Weather chart
- Play dough
- Play dough toys
- Pictures of spray paint art
- Spritz bottles
- Paint shirts
- Paintbrushes
- Center items such as: dramatic play clothes, play food, play money, cash register, menu
- Alphabet robots
- Number robots or magnets
- Pictures of marble painting
- Liquid dish soap (not “ultra”)
- Distilled water inside a clean container that has a lid
- Light corn syrup
- Paper bags
- Glue
- Blocks
- Car carpet
- Ink pad
- Multimedia player
- Baking soda
- White conditioner
- Vinegar
- Squeeze bottles
- Food coloring
- Variety of board games
- Variety of card games
- Bear counters and monkey balance game
- Pompoms
- Step stool
- Hula hoops
- Twister™ game
- Large paper
- Center items such as: dollhouse, firehouse, dolls/people, and a firetruck
- Costume beads
- Baking tin, or small bowls to hold paint
- Spoons
- Shallow cardboard box or baking dish
- Bean bags
- Liquid watercolor paints
- Bubble wands
- Center items such as: sand, rocks, sea animals, seashells, and scoops
- Optional: bubble wrap

# SHOPPING LIST

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# DAY 1 – SPRAY PAINT ART

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## ACTIVITY/CONCENTRATION

### ARRIVAL ACTIVITY - DOUGH TIME

Prompt children to express themselves by modeling their own play dough creations. Provide children with imagery of other sculptures to inspire content to model.



## DURATION/SCHEDULE

20 minutes – 9 to 9:20 a.m.



## MATERIALS

- Play dough
- Play dough toys



## LEARNER MODIFICATIONS



## GOALS/OBJECTIVES

- Use materials and objects to represent new concepts
- Analyze, compare, create, and compose shapes
- Use hands, fingers, and wrists to manipulate objects
- Coordinate eye and hand movements to perform a task



## STANDARDS

- AL.3 PK.C
- 2.3 PK.A.2
- 10.5 PK.A
- 10.5 PK.B



## ACTIVITY/CONCENTRATION

### CIRCLE TIME

- Attendance
- Weather
- Calendar
- Flag
- Share interesting facts about spray paint art:
  - Spray paint creates home improvements, touch ups on furniture, and even some beautiful art.
  - Spray paint art lets you be creative with mixing colors and using many different styles to create a beautiful work of art.
  - Ask the children what types of spray paint art they have seen.

Discuss different ways to paint, what can we use to paint, what can we paint on. Art comes in many forms. Art can be created to express emotions and art can be created because we simply feel like being creative. Sometimes creating art is simply because we want to create something beautiful.