



SUPERHEROES

.....

5 DAYS OF THEMED PRESCHOOL
SUMMER CAMP LESSONS

**BEST
DAY
EVER!**



ZOOM!



ZING!



BOOM!



POW!

Find more at:
BESTDAYEVER.FUN

SUPERHEROES

Superheroes is an interactive preschool lesson plan that encourages children to construct knowledge through meaningful play, thoughtfully planned activities, and active exploration of the environment. Children will be engaged in comic creation and exploration of the brain! While the lesson plan incorporates many different Pennsylvania Learning Standards, it focuses on the key learning areas of “Language and Literacy Development and Social and Emotional Development”. Specifically, children will engage in learning activities that meet the PA Standard Areas of Writing and Establishing and Maintaining Relationships.

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SCHEDULE

DAY 1

ARRIVAL ACTIVITY - ACTION FIGURES	20 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY - EVERYDAY HEROES	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY - FREEZE GAME	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - BECOME A HERO	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

DAY 2

ARRIVAL ACTIVITY - COMIC EXPLORATION	20 MINUTES
CIRCLE TIME	15 MINUTES
THEMED ACTIVITY - COMIC STRIPS	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY - SHARKS AND MINNOWS	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - SAY WHAT?	15 MINUTES
CENTER PLAY	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME - PICK UP	15 MINUTES

DAY 3

ARRIVAL ACTIVITY - SUPERHERO PUZZLES	20 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY - DESIGN A CAPE	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY - SPIDER WEB TOSS	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY - MASKS	15 MINUTES
CENTER PLAY	15 MINUTES
STORY TIME	10 MINUTES

CIRCLE TIME - PICK UP 15 MINUTES

DAY 4

ARRIVAL ACTIVITY - SUPERPOWER CHARADES 15 MINUTES
CIRCLE TIME 15 MINUTES
HANDS-ON ACTIVITY - SUPERPOWER FAMILY 20 MINUTES
BATHROOM BREAK 15 MINUTES
OUTSIDE PLAY - SUPERPOWER LASER TAG 30 MINUTES
SNACK 15 MINUTES
TABLE ACTIVITY - BRAIN BOOST 15 MINUTES
CENTER PLAY 30 MINUTES
STORY TIME 10 MINUTES
CIRCLE TIME - PICK UP 15 MINUTES

DAY 5

ARRIVAL ACTIVITY – GIVING OUT 20 MINUTES
CIRCLE TIME 15 MINUTES
HANDS-ON ACTIVITY - KINDNESS GAME 20 MINUTES
BATHROOM BREAK 15 MINUTES
OUTSIDE PLAY - MOTHER MAY I 30 MINUTES
SNACK 15 MINUTES
TABLE ACTIVITY - KINDNESS TABS 15 MINUTES
CENTER PLAY 30 MINUTES
STORY TIME 10 MINUTES
CIRCLE TIME - PICK UP 15 MINUTES

MATERIALS LIST

- Pointer
- Flag
- Markers
- Calendar
- Weather chart
- Crayons
- Flashlight
- Scissors
- Plain paper
- Action figures
- Foam sponges
- Hole punch
- Elastic string
- Colored pencils
- Thin wire or bread ties
- Gallon sized plastic bags
- Waterproof stickers
- Recycled plastic milk containers
- Photos of chemical warning labels
- Assorted costumes and props of everyday heroes
- Comic magazines
- Comic strips in newspapers
- Pencils
- Camera
- Fabric markers
- Tacky glue
- Cardstock
- Plastic spiders
- Sticky notes
- Photo paper for printer
- Glue sticks
- Play dough (variety of colors)
- Puzzles of superheroes
- Pictures of spiders and bats
- Oversized t-shirts (used or new; light colors)
- Felt sheets (bright colors)
- Masking tape or double-sided sticky tape
- Multi-media player
- Regular stickers or 3D Stickers
- Assorted small items of like shapes such as toys or small objects
- Socks, straws, string, chenille stems, funnels, or cups
- Optional: brain model
- Optional: villain mask

SHOPPING LIST

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DAY 1 – SUPER PEOPLE



ACTIVITY/CONCENTRATION

ARRIVAL ACTIVITY - ACTION FIGURES

Children prepare for their discussions about superheroes by engaging in general play with action figures. Children can interact with each other through imaginary play.



DURATION/SCHEDULE

20 minutes – 9 to 9:20 a.m.



MATERIALS

- Action Figures



LEARNER MODIFICATIONS



GOALS/OBJECTIVES

- Choose materials and activities based on preferences and personal interests
- Play cooperatively with a few peers for a sustained period of time



STANDARDS

- 16.1 PK.B
- 16.2 PK.A



ACTIVITY/CONCENTRATION

CIRCLE TIME

- Attendance
- Weather
- Calendar
- Flag
- Discuss superheroes
- Ask children to think about people who help our lives every day.
- Share interesting facts about everyday superheroes:
 - Ask; “What makes a hero?” Show examples of community worker’s uniforms. Ask the children to name the type of worker and their jobs based on their uniforms.
 - Read and discuss the following quote: *Superheroes are defined not by the capes that they wear, the symbol on their chest, or the weapons they carry. Rather, Superheroes are defined by their compassionate actions towards others ~ Shadow Quill.* Discuss the word compassion and explain the quote in simple language.
 - Discuss how we can all become ordinary superheroes to others.
 - Lay out a smiley face (Good) and a frowny face (Bad) on the floor. Read each scenario to the children. Ask children to stand next to the correct response to each scenario:
 - Mom asked Sammy to put clothes in his drawer. Sammy was too busy playing video games and so he did not put away his clothes.
 - Suzy gave her grandmother a hug because she felt that her grandmother needed love.