



WE'VE GOT THE BEAT!

.....

5 DAYS OF THEMED SCHOOL-AGE
SUMMER CAMP LESSONS

**BEST
DAY
EVER!**



Find more at:
BESTDAYEVER.FUN

WE'VE GOT THE BEAT!

Students will explore music in new ways! Learning concepts will be fun and exciting as discoveries are made and games are played. While the lesson plan incorporates many different Pennsylvania Learning Standards, it focuses on the key learning areas of "Creative Thinking and Expression – Communicating through the Arts". Specifically, students will learn to engage in activities that meet the PA Standard Areas of Music and Movement, Visual Arts, and Learning through Experience.

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SCHEDULE

DAY 1

ARRIVAL ACTIVITY	
READY, SET, LEARN	45 MINUTES
HANDS-ON ACTIVITY - DRUM A HEARTBEAT CRAFT	30 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - DANCE RHYTHMS	45 MINUTES
HANDS-ON ACTIVITY - DRUM A HEARTBEAT CRAFT (PART 2)	30 MINUTES
BREAK/LUNCH TIME	45 MINUTES
HANDS-ON ACTIVITY - WRITING MUSIC	45 MINUTES
SOCIAL-EMOTIONAL LEARNING - "HEART" FELT MUSIC	45 MINUTES
HANDS-ON ACTIVITY - RHYME TIME	45 MINUTES
WRAP UP/GOODBYES	15 MINUTES
LATE PICK-UP	

DAY 2

ARRIVAL ACTIVITY	
READY, SET, LEARN	45 MINUTES
HANDS-ON ACTIVITY - SOUND WAVES	30 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - CLASSICAL MUSICAL CHAIRS	45 MINUTES
HANDS-ON ACTIVITY - SOUND BARS	30 MINUTES
BREAK/LUNCH TIME	45 MINUTES
HANDS-ON ACTIVITY - XYLOPHONE PITCH	45 MINUTES
SOCIAL-EMOTIONAL LEARNING - NICE WORDS, MEAN WORDS	45 MINUTES
HANDS-ON ACTIVITY - CARDBOARD BOOM BOX	45 MINUTES
WRAP UP/GOODBYES	15 MINUTES
LATE PICK-UP	

DAY 3

ARRIVAL ACTIVITY	
READY, SET, LEARN	45 MINUTES
HANDS-ON ACTIVITY - CREATING PERCUSSION	30 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - TAP DANCING	45 MINUTES
HANDS-ON ACTIVITY - WOODWIND INSTRUMENTS	30 MINUTES

BREAK/LUNCH TIME	45 MINUTES
HANDS-ON ACTIVITY - STRING INSTRUMENTS	45 MINUTES
SOCIAL-EMOTIONAL LEARNING - BRASS AND BLOWING OFF STEAM	45 MINUTES
HANDS-ON ACTIVITY - KEYBOARD INSTRUMENTS	45 MINUTES
WRAP UP/GOODBYES	15 MINUTES
LATE PICK-UP	

DAY 4

ARRIVAL ACTIVITY	
READY, SET, LEARN	45 MINUTES
HANDS-ON ACTIVITY - FACIAL EXPRESSIONS	30 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - MARCHING BAND	45 MINUTES
HANDS-ON ACTIVITY - MUSIC ALBUM COVER DESIGN	30 MINUTES
BREAK/LUNCH TIME	45 MINUTES
HANDS-ON ACTIVITY - "ROCK" STAR ART	45 MINUTES
SOCIAL-EMOTIONAL LEARNING - STAGE FRIGHT	45 MINUTES
HANDS-ON ACTIVITY - GUITAR PICKS	45 MINUTES
WRAP UP/GOODBYES	15 MINUTES
LATE PICK-UP	

DAY 5

ARRIVAL ACTIVITY	
READY, SET, LEARN	45 MINUTES
HANDS-ON ACTIVITY - SOUND MATH	30 MINUTES
BREAK/SNACK TIME	15 MINUTES
LET'S GET MOVING - BOP MOVEMENT	45 MINUTES
HANDS-ON ACTIVITY - MUSIC SOUNDS	30 MINUTES
BREAK/LUNCH TIME	45 MINUTES
HANDS-ON ACTIVITY - MUSIC CRITIC	45 MINUTES
SOCIAL-EMOTIONAL LEARNING - PRACTICE MAKES PERFECT	45 MINUTES
HANDS-ON ACTIVITY - POP POSTERS	45 MINUTES
WRAP UP/GOODBYES	15 MINUTES
LATE PICK-UP	

MATERIALS LIST

- Bowls
- Pencils
- Sticks (dowel rods, drumsticks, or outside sticks)
- Tempera paint (white, black)
- Plastic tablecloths
- Cardboard box
- Newspaper
- Rulers
- Markers
- Glue
- Toothpicks
- Masking tape
- Foam cups
- Marble or small ball
- Packing tape
- Slinky
- Jump rope
- Paper
- Cardstock printed images
- Small hole punch
- Chairs
- Multimedia player
- Construction paper (fluorescent colors, black)
- Glue sticks
- Small bowls
- Cotton swabs
- Glass cups
- Metal spoons
- Water pitchers
- Buckets
- Hat or bag
- Cardboard box
- Plastic eggs
- Noise-making supplies such as coins or bells
- Duct tape (colorful)
- String or leather strips and feathers
- Recycled coffee cans
- Dowel rods
- Packing tape
- Small tin lids
- Rubber gloves
- Thick straws
- Chip cans (recycled)
- Scissors
- Embellishments (assorted)
- Cereal box or cardboard box
- Wide rubber bands that will fit the length of cereal box for each child
- Bobby pins (extra-large)
- Hot glue
- Metal mint tin (recycled)
- Confetti
- Colored pencils
- Craft sticks
- Assorted and approved magazines
- Found and cleaned rocks
- Acrylic paint
- Paintbrushes
- Cups for water
- Tacky glue
- Cotton swabs
- Optional: toaster oven
- Optional: star and heart stickers
- Optional: shrink plastic
- Optional: CD cases (clear)
- Optional: metronome
- Optional: cardstock
- Optional: red string

SHOPPING LIST

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DAY 1 – YOU’VE GOT RHYTHM



ACTIVITY/CONCENTRATION

EARLY DROP OFF – ARRIVAL ACTIVITY

During this free time, students will select and use toys or games associated with the daily theme.



DURATION/SCHEDULE

180 minutes – 6 to 9 a.m.



ACTIVITY/CONCENTRATION

READY, SET, LEARN: RHYTHM AND BEAT PATTERNS

Have a class discussion about rhythm.

Fun Facts:

- Did you know that your heartbeat pattern changes to mimic the music you are listening to?
- Rhythm is the official name for beats. Ask; “Does anybody know what type of music makes beats in patterns?” Although simple versions of beat-type music were founded earlier in time, rap music was created in the 1980’s. Simple patterns resembling rap developed as early as in Ancient Rome in the first century, or year 1 and was used in outdoor theater.
- Ancient music was said to place people in a mesmerizing hypnosis. In other words, Romans thought that music hypnotized people.
- Ancient music was played on instruments called the Lyre (a version of the guitar) and on harps.
- A Metronome is a beat setter. A beat tick is played fast or slow in rhythmic beats and is used to keep the time or tempo of a song. (Demonstrate)
- Beat Patterns: Each music measure determines how beats are counted. Follow the beat patterns by clapping on the black notes and resting on the rest symbols. Fast and slow rhythm can be played.
- Mix up the beat pattern cards to see if students can keep up with the tempo. Give each child a different pattern to play together.
- Look at notes, whole notes, half notes, quarter notes, and the rest bar. Refer to the activity page: Music Patterns (provided in the Additional Resources), then listen to common beat patterns with the links in the Additional Resources.

