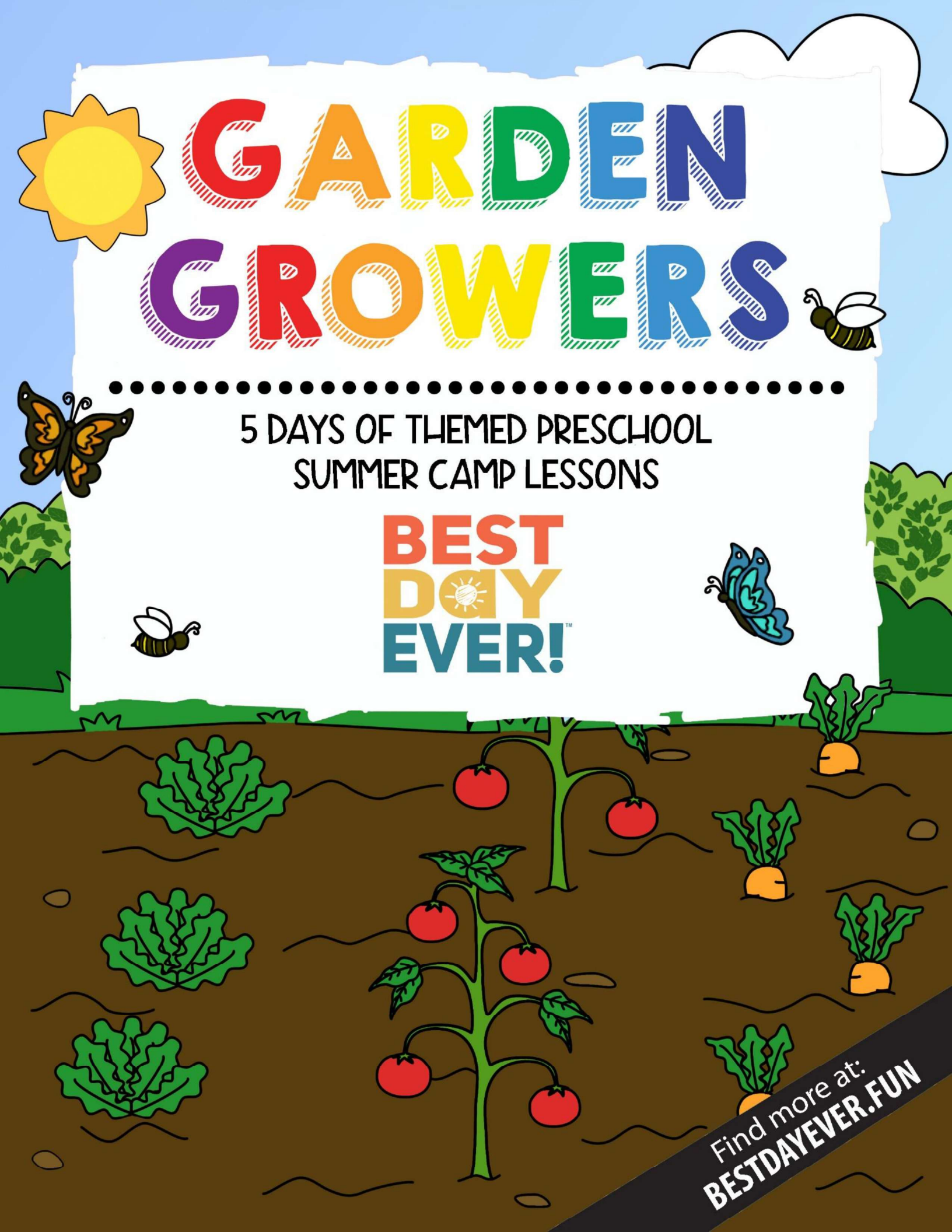
GARDEN GROWERS

5 DAYS OF THEMED PRESCHOOL SUMMER CAMP LESSONS

BEST DAY EVER!™



GARDEN GROWERS

How does a garden grow? Let's find out! Examine seeds like beans, sunflowers, and pumpkins—feel their textures, discover their differences, and journey through the plant life cycle. Garden Growers is an interactive preschool summer camp that encourages children to construct knowledge through meaningful play, thoughtfully planned activities, and active exploration of the environment. While the lesson plan incorporates many different Pennsylvania Learning Standards, it focuses on the key learning areas of "Approaches to Learning through Play" and "Scientific Thinking, Technology." Specifically, children will engage in learning activities that meet the PA Standard Areas of Organizing and Understanding Information and Life Science.

SCHEDULE

DAY 1

ARRIVAL ACTIVITY – COLORING GARDENS	20 MINUTES
CIRCLE TIME	15 MINUTES
THEMED ACTIVITY – WHERE PLANTS GROW	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY – NECTAR COLLECTING	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY – GARDEN PLOTS	15 MINUTES
CENTER PLAY – SENSORY TABLE	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME/PICK-UP	10 MINUTES

DAY 2

ARRIVAL ACTIVITY – MAGAZINE AND CATALOGUE EXPLORATION	20 MINUTES
CIRCLE TIME	15 MINUTES
HANDS-ON ACTIVITY – SEED EXPLORATION	20 MINUTES
BATHROOM BREAK	15 MINUTES
OUTSIDE PLAY – TOMATO DROP RELAY	30 MINUTES
SNACK	15 MINUTES
TABLE ACTIVITY – PLANTING SEEDS	15 MINUTES
CENTER PLAY – ART CENTER	30 MINUTES
STORY TIME	10 MINUTES
CIRCLE TIME/PICK-UP	10 MINUTES

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MATERIALS LIST

- Multimedia player
- Markers
- Crayons
- Blank white paper
- Pointer
- Flag
- Calendar
- Weather chart
- Photos of gardens & plants
- Glue sticks
- Tape
- Whiteboard/chart paper
- Scissors
- Large buckets
- Water
- Plastic cups (clear)
- Sponges (1 per child)
- Assorted costumes and props
- Toy gardening tools
- Soil
- Sand
- Music player
- Food magazines
- Grocery store ads
- Plant seeds (pumpkin, bean, sunflower, others)
- Paint tray
- Empty egg cartons
- Seed identifier cheat sheet
- Serving spoons
- Beefsteak tomatoes
- Grass seed
- Measuring spoon
- Play dough
- Images of seeds, sprouts, stems, and flowers
- Gardening tools
- Gardening gloves
- Aprons
- Gardening smocks
- Gardening kneeling pads
- Pictures of well-known vegetables
- Hat or container
- Toy vegetables & fruit
- Real vegetables & fruit
- Images of obscure fruits & vegetables
- Bins
- Rope (green or brown)
- Plastic apples
- Large baskets or buckets
- Chenille stems (green, orange & brown)
- Child-sized tweezers/pincers
- Assorted, colorful blocks
- Photos of flowers
- Construction paper (including green)
- Tissue paper (various colors)
- Liquid glue
- Grass or plant leaves
- Sidewalk chalk
- Bean bags
- Green felt
- Cupcake liners
- Yarn (brown)
- Optional: Dry-erase markers
- Optional: Yellow food coloring

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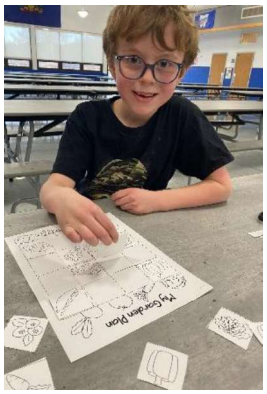
ACTIVITY/CONCENTRATION

TABLE ACTIVITY: GARDEN PLOTS

- **STEP 1:** Discuss with the children the foods they would want to plant in their garden to help them eat healthily.
- **STEP 2:** Provide the Fruit and Veggie Cards (pre-cut) and the My Garden Plan activity page (both provided in Additional Resources) that represents each child's garden plot.
- **STEP 3:** Have the children plan what plants they want to grow in their garden. Once they make their final decisions, they can use a glue stick to glue the pictures in the spots they chose.
- **STEP 4:** The children can color the cards when they are finished.



DURATION/SCHEDULE

15 minutes – 10:55 to 11:10 a.m.

MATERIALS

- Activity page: Fruit and Veggie Cards (provided in the Additional Resources)
- Activity page: My Garden Plan (provided in the Additional Resources)
- Scissors
- Glue sticks
- Crayons

GOALS/OBJECTIVES

- Explain eating well to stay healthy
- Use hands, fingers, and wrists to manipulate objects
- Coordinate eye and hand movements to perform a task

LEARNER MODIFICATIONS

STANDARDS

- 10.2 PK.E
- 10.5 PK.A
- 10.5 PK.B

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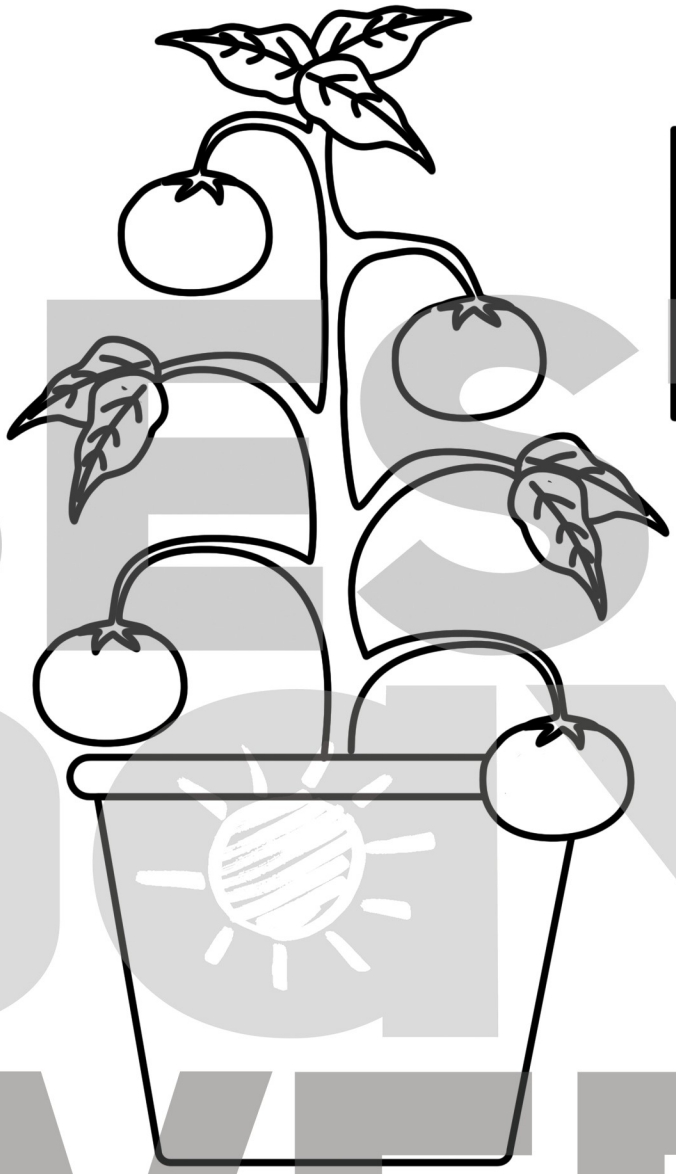
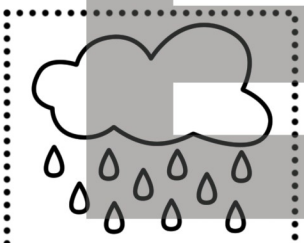
Plant Needs





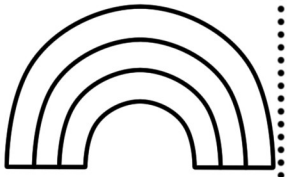
water

candy

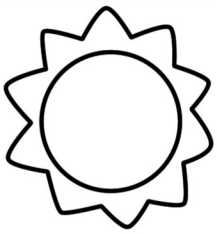
hot cocoa

wind

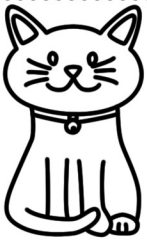
soil



rainbow



sun



cats

BEST DOGGY EVER! ™